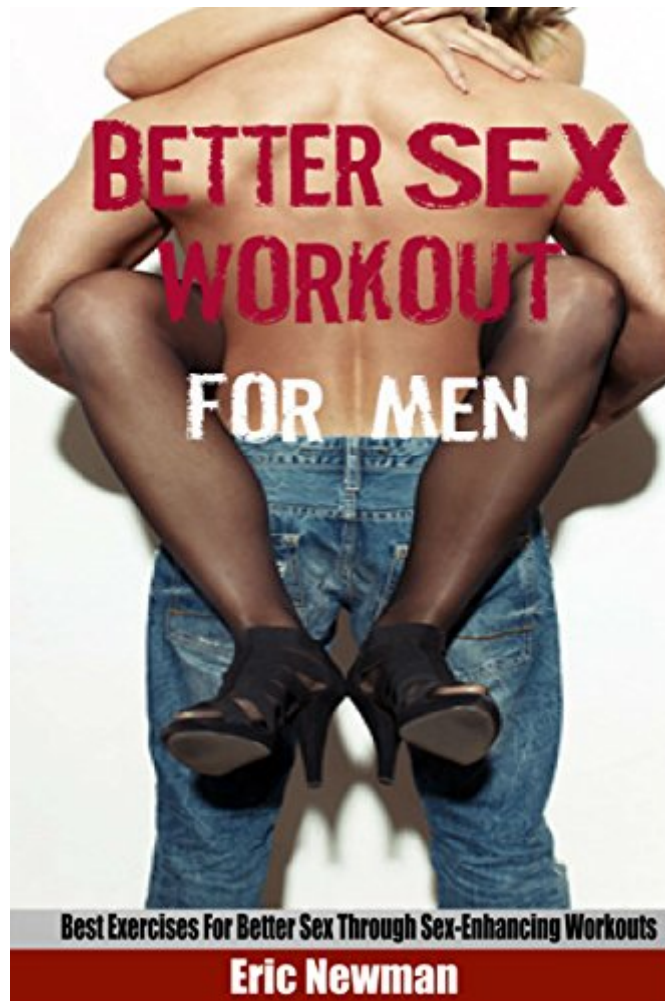


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Excellent book highly recommended the book include many areas. The only thing I question is that the author recommend magnesium oil,, but he does not explain why & the dose, and how to use, if drinking or to apply to the skin. In general you can buy it and the price is good.

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